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Edouard Jallot, P. Moretto. Characterisation by PIXE method of trace elements during physicochemical reactions at the periphery of bioactive glass pastilles in contact with biological fluids. 5th International Symposium on Trace Elements in human: New Perspectives, Oct 2005, Athens, Greece. pp.405-416, 10.1080/10739140600648803. in2p3-00025081

HAL Id: in2p3-00025081 https://hal.in2p3.fr/in2p3-00025081

Submitted on 18 Nov 2005

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Characterisation by PIXE method of trace elements during physico-chemical reactions at the periphery of bioactive glass pastilles in contact with biological fluids.

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Keywords: PIXE - RBS - Bioactive glass - Bioactivity - Biomaterials - Dissolution - Apatite

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Abstract

The prerequisite for bioactive glasses to bond to living bone is the formation of biologically active apatites on their surface in the body. Reactions and bioactivity mechanisms between bioactive glasses and bone depend on the glass composition. We study a glass in the SiO₂-Na₂O-CaO-P₂O₅-K₂O-Al₂O₃-MgO system. To characterise physico-chemical reactions at the materials periphery, we immersed the glass pastilles into biological fluids for delays of 5, 10 and 20 days. The surface changes were studied at the micrometer scale by Particles Induced X-ray Emission (PIXE) method associated to Rutherford Backscattering Spectroscopy (RBS). After 20 days of immersion, elemental maps showed the formation of a calcium-phosphate layer at the surface of the glass pastilles. The thickness of this layer was around 15 μ m. Thanks to PIXE method, we demonstrated the presence of traces of Mg in this layer. The glass doped with MgO leads to the formation of an apatite which incorporates magnesium. Formation of this Ca-P-Mg layer represents the bioactive properties of the studied glass. This biologically active layer improves the properties of the glass and will permit a chemical bond between the ceramic and bone.

Introduction

Integration of an implant into bone is crucial to success; thus the establishment of an enduring interface between the implant and bone is very important. Bioactive glasses and glass-ceramics are able to bond to bone *in vivo* through the formation of an apatite surface layer ^[1-4]. This property has become known as bioactivity. Hench L.L. demonstrated this bioactive properties for certain glass composition^[1,5]. Dynamic ion exchange and bonding to bone were demonstrated for a certain compositional range with SiO₂, Na₂O, CaO and P₂O₅ in specific proportions^[6,7].

Bioactive glasses can be proposed both as bulk and coating for several kind of applications, especially focused on orthopaedics, where load bearing is required ^[8]. Several bioactive glasses can be used to prepare biocomposites, most of them belonging to the system SiO₂-CaO-Na₂O-P₂O₅ with different amounts of other oxides (B₂O₃, Al₂O₃, MgO, Zr₂O etc ...) which provided different properties in terms of surface reactivity ^[9]. The following paper concerns a bioactive glass in the SiO₂-Na₂O-CaO-P₂O₅-K₂O-Al₂O₃-MgO system. Critical concentrations of magnesium can play an important role during physicochemical reactions at the material periphery. On the other hand, aluminium may inhibits apatite precipitation or reduces glass matrix dissolution ^[10]. Together with the development of glasses, several efforts have been pursued in order to explain the mechanism responsible for their *in vitro* and *in vivo* behaviours ^[7, 11]. However, the formation of the apatite layer is not explained in detail because of the complexity of events occurring at the interface and the specific role of trace elements. Most of authors focussed their investigations on Si, Ca, P but others elements and specially trace elements like Mg might play an important role during physico-chemical reactions.

The purpose of the present paper is to characterize physico-chemical reactions at the glass periphery during interactions with biological fluids and to evaluate the role of major and trace elements in bioactivity mechanisms. We study a glass in the SiO₂-Na₂O-CaO-P₂O₅-

 $K_2O-Al_2O_3-MgO$ system. Physico-chemical reactions and bioactive properties of the glass doped with MgO are studied during interactions between glass pellets and biological fluids. Knowledge of the elemental distribution at the bioactive glass periphery is important to understand the physico-chemical mechanisms during interactions with biological fluids. Chemical evaluation of the glass/biological fluids interface was performed by Particles Induced X-ray Emission (PIXE) associated to Rutherford Backscattering Spectroscopy (RBS). These two methods are especially suitable for the study of this kind of interaction under the micrometer scale and permit elemental maps of interfaces^[12,13]. Moreover, PIXE method permits the detection of trace elements (μ g/g) that was not possible by Energy Dispersive X-ray Spectroscopy (EDXS).

Materials and Methods

Bioactive glass pastilles characteristics

The bioactive glass composition is : 50% SiO₂, 20% Na₂O, 16% CaO, 6% P₂O₅, 5% K₂O, 2% Al₂O₃ and 1% MgO (% weight). The bioactive glass was obtained by melting a mixture of raw materials in a platinum crucible at high temperature (2 hours at 1200°C and 3 hours at 1350°C). The mixture of raw materials contained : sand Sibelco, aluminium oxide, anhydrous dibasic sodium phosphate, calcium carbonate, potassium carbonate, basic magnesium carbonate. Then, the glass was cast, crushed and transformed into powder of grain size under 40 μ m in diameter. After production, the glass composition was determined by Atomic Emission Spectrometry. Finally, pastilles (13 mm in diameter and 1 mm in thickness) were obtained under pressure with the glass powder.

Sample treatment and Specimens preparation

The glass pastilles were immersed at 37°C for 5, 10 and 20 days in 45 ml of a standard Dulbecco's Modified Eagle Medium (DMEM, VWR International S.A.S., France) (pH : 7.3). DMEM contained the following ingredients (mg/l): 6400 NaCl, 400 KCl, 200 CaCl₂, 200 MgSO₄-7H₂O, 124 NaH₂PO₄, 3700 NaHCO₃.

After treatment the glass pellet was lying on the bottom of the box. The medium was carefully removed and the glass pellet was embedded in resin (AGAR, Essex, England). Thin sections of 20 μ m nominal thickness are prepared by means of a Leica RM 2145 microtome. Cutting is made perpendicular to the surface of glass pastilles. Then, the sections are placed on a mylar film with a hole of 3 mm in the centre. Measurements are performed on the area of the section placed over the hole.

Ion beam methods (PIXE-RBS) of analysis

Particles Induced X-ray Emission (PIXE) and Rutherford Backscattering Spectroscopy (RBS) are used simultaneously. PIXE method permits to identify and, when possible, to quantify trace elements. RBS method is used to determine the quantity of electric charge received by the sample during irradiation which is essential for quantification of PIXE spectra.

RBS measurements were done with a silicon particle detector placed at 135° from incident beam axis. Its surface was 20 mm². The detector was used to monitor the total number of protons that interacted with the target during analysis via the yield of backscattered particles. Data were treated using SIMNRA code developed at the Max-Planck-Institut fur PlasmaPhysik (Garching, Germany)^[14].

PIXE analysis was performed with an Si(Li) semiconductor detector placed at 135° from the incident ion beam axis. The surface of the crystal was 80 mm² and its thickness was

3 mm. This detector was fitted with a beryllium window 12 μ m in thickness. No filter was used for our analyses. To analyse spectra obtained by PIXE we used GuPIX software developed at Guelph University, Canada^[15]. This package provides a non-linear least-square method to fit spectra, together with conversions of X-ray peak intensities to elemental concentrations via a defined standardization technique involving solid angle of detection, relative charge and user-defined instrument constants. In our case, concentrations are expressed in μ g/g of resin-embedded material.

Analytical measurements were performed using nuclear microprobes at the Centre d'Etudes Nucléaires de Bordeaux-Gradignan (CENBG) (Bordeaux, France). This facility is based on a microbeam line that is used to carry out ion beam analytical techniques at the micrometer scale^[16]. For these measurements we employed proton microbeams of 1.5 MeV in energy and 100 pA in intensity. The beam diameter was near 2 μ m. In order to realise multi-elemental maps of glass pastilles/biological fluids interface, we adjusted the scanning system with a 50 Hz frequency. A proton beam of energy 1.5 MeV gives a good ionization crosssection of light elements (Z<20) and thus a better sensitivity for PIXE analysis by using a Si(Li) detector without filter. The scanning rate, weak intensity and the choice of protons as ion beam allow the target degradation to be minimized during irradiation. The beam intensity is not too weak and thus permits acquisition duration of 1 hour.

Results

Concentrations gradients of Si, Ca, P, Al and Mg across the periphery of bioactive glass pastilles were studied by proton beam microanalysis on thin sections. Elemental mappings for different exposure times to biological solution revealed different zones from the centre to the surface of the bioactive glass pastilles (figures 1, 2).



Figure 1: Si, Al, Ca, P and Mg maps at the bioactive glass pellets periphery before immersion in biological fluids.

Before immersion into biological fluids, the bioactive glass pastille periphery is homogeneous (figure 1). Concentrations of Si, Ca, P, Al and Mg are constant (figure 1, table 1). After 5 and 10 days of immersion into biological fluids, we observed the same homogeneous periphery. However, we found a decrease in Si, Ca, P and Mg concentrations in the bioactive glass pastille periphery (table 1). On the other hand, Al concentrations increase.

	Si	Al	Ca	Р	Mg
Before immersion	248411 ± 9087	9831 ± 376	135160 ± 13094	35890 ± 1730	5245 ± 674
5 days after immersion	245858 ± 7623	10060 ± 497	134156 ± 6148	34337 ± 1170	5168 ± 373
10 days after immersion	232567 ± 3459	10860 ± 283	133562 ± 11134	32337 ± 1445	5031 ± 171
20 days after immersion	221156 ± 18143	11789 ± 338	120035 ± 15061	27553 ± 706	4061 ± 453

Table 1: Elemental concentrations (μ g/g of resin embedded-material) of Si, Al, Ca, P, Mg in the glass before immersion in DMEM and after 5, 10 and 20 days of immersion in DMEM.

After 20 days of immersion into biological fluids, we observe two areas at the bioactive glass pastille surface (figure 2). The first area is composed with Si, Ca, P, Al, Mg and represents the glass. The second area is essentially composed with Ca, P together with traces of Mg. At this time period, a Ca-P-Mg layer appears at the surface of bioactive glass pastilles. The thickness of this layer is in the order of 15 μ m. Ca, P, Si and Mg concentrations in the bioactive glass continue to decrease and Al concentration increases (table 1). High Ca, P concentrations are found in the layer together with a low concentration of Mg (table 2). The Ca/P atomic ratio in this layer is near 1.7.

	Si	Al	Ca	Р	Mg
20 days after immersion	21447 ± 871	1235 ± 382	389047 ± 38961	180055 ± 5421	10275 ± 1652

Table 2: Elemental concentrations (μ g/g of resin embedded-material) of Si, Al, Ca, P, Mg in the surface layer after 20 days of immersion in DMEM.



Figure 2: Si, Al, Ca, P and Mg maps at the bioactive glass pellets periphery after 20 days of immersion in biological fluids.

Discussion

The present work analyzes the surface changes of glass pastilles in the SiO₂-Na₂O-CaO-P₂O₅-K₂O-Al₂O₃-MgO system and immersed into biological fluid. To understand mechanisms of interaction between glass and biological fluids a physico-chemical approach is adopted, namely the analysis of the transformation kinetics of the pastilles periphery by means of PIXE-RBS. PIXE associated to RBS permits to obtain quantitative chemical mappings of all elements with a Z>11 (Na) at the micrometer scale. Thanks to PIXE method we can study major, minor and even trace elements with concentrations of some $\mu g/g$. In this study we focused our attention on Si, Al, Ca, P, Mg elements and we do not discuss behaviour

of Na and K because these elements are not firmly bond in the glass matrix and rapidly released. Analysis of diffusible elements like Na and K is interesting but it is impossible to do this study on bulk samples embedded in resin. It would be better to study these elements on glass particles and by using cryo-methods associated to electron probe microanalysis^[4,17-19]. Chemical mappings across the periphery of glass pastilles show the physico-chemical reactions occurring at the surface of the glass in contact with biological fluids.

During interactions between the bioactive glass pastilles and biological fluids several physico-chemical reactions occur at the material surface. The bioactive composition evolves with time of immersion into biological fluids. Si, Ca, P and Mg concentrations in the glass decrease with time. These elements are released into the solution and the glass undergoes dissolution (figure 3). Aluminium concentration increases in the glass because this element is not released like other elements. Al³⁺ ions are lower released than other ions because it is firmly bonded to Si. During the bioactive glass dissolution, Al₂O₃ is bonded to the unreleased part of silicon. Al₂O₃ is a network former and its addition in bioactive glasses can be used to control and reduce the solubility of the glass^[10,11].



Figure 3 : Schematic view of the Ca-P-Mg surface layer and physico-chemical reactions at the bioactive glass periphery after 20 days of exposure to biological fluids.

As the glass matrix dissolves, various elements dispersed in the bioactive glass are free to go either into the solution or to combine with elements in the bioactive glass that make up surface layers. After 20 days of immersion into biological fluids, the distribution of silicon, aluminium, calcium, phosphorus and magnesium differs between the glass pastilles centre and the surface. Concentration gradients demonstrate the formation of a Ca-P rich layer which contains Mg. Formation of this layer includes a complex series of physico-chemical and ultrastructural phenomena. Bioactive glass pastilles in contact with biological fluids are in dissolution and Si, Ca, P, Na, K, Mg are released. Na⁺ and K⁺ ions are rapidly and highly released^[17]. An appreciable amount of Si, Ca, P, Mg ions is released from the bioactive glass into the surrounding fluids. The dissolution results from breaking of Si-O-Si bonds and leads to the formation of a new materials composed with Si, Al, Ca, P and Mg. Then, an accumulation of Ca^{2+} , PO_4^{3-} ions occurs on top of this material and a Ca-P rich layer start to build up. This Ca-P layer evolves with time of exposure to biological solution. The size of this layer increases and after 20 days is near 15 µm. The Ca/P atomic ratio in the calcium phosphate layer increases to 1.7 after this time period of immersion which corresponds to the atomic ratio of an apatite.

These reactions reflect the formation of an apatite layer at the bioactive glass surface. Formation and growth of the amorphous Ca-P rich film is by incorporation of soluble calcium and phosphates ions coming both from the glass and the solution (figure 3). Ca²⁺ ions increase the degree of supersaturation of the surrounding biological fluids and cause precipitation. These specifics precipitation conditions lead to the formation of bone apatite like crystals. Formation of this apatite layer represents bioactivity properties of bioactive glasses. Evolution of this dynamic interface and the formation of the apatite layer will permit *in vivo* a chemical bond between the bioactive glass and bone tissues. Thus, a bioactive interfacial region is formed.

In the case of bioactive glasses doped with 1% of MgO, the apatite layer contains magnesium. The presence of Mg does not inhibit bioactivity. But, the precipitation conditions favour the formation of apatite-like crystals, which incorporate magnesium. This kind of biologically relevant calcium phosphate is important for bone bonding^[20]. Mg can play an important role during spontaneous formation of *in vivo* calcium phosphates and bone bonding^[21]. Mg²⁺ incorporated into the apatite lattice can induce changes in its physico-chemical properties. Apatite substituted with Mg results in a Ca deficient apatite which is more soluble than stoichiometric apatite^[21].

Conclusion

In case of bioactive glasses that undergo dissolution due to ion diffusion, spatially resolved X-ray microanalyses is of great importance in evaluating mechanisms of physicochemical reactions between material and biological fluids, because the phenomenon occurs under micrometer scale. Thanks to PIXE method we are able to study major, minor and trace elements at the required scale. Physico-chemical reactions can be decomposed in ion leaching, partial dissolution of the glass-surface which lead to the formation of a bone like apatite layer on the glass surface. Formation of the apatite layer represents bioactivity properties of the studied bioactive glass. Presence of 2 % Al₂O₃ in the bioactive glass reduces its dissolution but do not inhibit its bioactivity.

The prerequisite for bioactive glasses to bond to living bone is the formation of biologically active apatites on their surface in the body. The apatite layer bridges chemically the bone and the implant. The reactions between bioactive glasses and bone, and dependence of these reactions on the glass composition are important in bioactivity mechanisms. Our results demonstrate this property of bioactivity for the studied bioactive glass. The bioactive glass in the SiO₂-Na₂O-CaO-P₂O₅-K₂O-Al₂O₃-MgO system leads to the formation of a Ca-P-Mg rich layer. This paper demonstrates the presence of Mg in the Ca-P rich layer at the interface between the bioactive glass and biological fluids. However, magnesium influences the formation and the evolution of the apatite layer. The Mg may be able to enter the forming hydroxyapatite nuclei and thus inhibits their evolution to tiny apatite crystals, because this element can not be accommodated in the hydroxyapatite structure.

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